MISTAKEN TRADITIONAL ASSUMPTIONS

1) It is selfish to put your needs before other’s needs.

2) It is shameful to make mistakes. You should have an appropriate response for every occasion.

3) If you can’t convince others that your feelings are reasonable, then they must be wrong, or maybe you are going crazy.

4) You should respect the views of others, especially if they are in a position of authority. Keep your differences of opinion to yourself. Listen and learn.

5) You should always try to be logical and consistent.

6) You should be flexible and adjust. Others have good reasons for their actions and it’s not polite to question them.

7) You should never interrupt people. Asking questions reveals your stupidity to others.

8) Things could get even worse, don’t rock the boat.

9) You shouldn’t take up others’ valuable time with your problems.

10) People don’t want to hear that you feel bad, so keep it to yourself.

11) When someone takes the time to give you advice, you should take it very seriously. They are often right.

12) Knowing that you did something well is its own reward. People don’t like show-offs. Successful people are secretly disliked and envied. Be modest when complimented.

13) You should always try to accommodate others. If you don’t they won’t be there when you need them.

14) Don’t be anti-social. People are going to think you don’t like them if you say you’d rather be alone instead of with them.

15) You should always have a good reason for what you feel and do.

16) When someone is in trouble, you should help them.

17) You should be sensitive to the needs and wishes of others, even when they are unable to tell you what they want.

18) It’s always a good policy to stay on people’s good side.

19) It’s not nice to put people off. If questioned, give an answer.