

## RELATIONSHIP REALITY CHECK

ESSENTIAL/NON-NEGOTIABLE (I must have these in a relationship to be happy)

IT WOULD BE NICE IF (I'd really like to have these in a relationship but I don't need to have them)

RED FLAGS (things to watch out for as they may be indications of future problems/ deal breaker)

DEAL BREAKERS (Any one of these items means an immediate break is necessary regardless of how many items the person meets on the essentials list)