

## Couple's Satisfaction Questionnaire

For each question, write down the number that most closely approximates your present feelings about your relationship and/or your partner.

Please answer each item as carefully and as accurately as you can by placing a number beside each one as follows:

0	1	2	3	4	5	6	7	8	9	10
completely unsatisfied										completely satisfied

1. \_\_\_\_\_ I am pleased with the amount we talk to each other.
2. \_\_\_\_\_ I am happy with the friends we share in common.
3. \_\_\_\_\_ I am satisfied with our sex life.
4. \_\_\_\_\_ I am in agreement with the amount of time my partner spends at work and at home.
5. \_\_\_\_\_ I am in agreement with the way we are spending our money.
6. \_\_\_\_\_ I am pleased with the kind of parent my partner is. If you have no children, are you pleased with your mutual plans for having or not having children?
7. \_\_\_\_\_ I believe/feel that my partner is "on my team."
8. \_\_\_\_\_ I am please with our leisure time together (vacations, outings, etc.).
9. \_\_\_\_\_ I am basically in agreement with my partner's outlook on life (values, attitudes, religious beliefs, politics, etc.).
10. \_\_\_\_\_ I am generally pleased with the way my partner relates to members of his/her own family (parents, siblings, etc.).
11. \_\_\_\_\_ I am satisfied with the way my partner relates to members of my family (my parents, siblings, etc.).
12. \_\_\_\_\_ I am pleased with my partner's general habits, mannerisms, and overall appearance.
13. \_\_\_\_\_ I am in agreement with how the power is distributed in our relationship (who makes the decisions, sets the rules, etc.)

Name: \_\_\_\_\_ Date: \_\_\_\_\_

*Pre:* \_\_\_\_\_ *Post:* \_\_\_\_\_